



*Glenn's provides one of the world's largest tea selections.*

We hope we have exceeded your expectations and that when you leave us you have seen first-hand the pride we take in serving you.

# All Day Breakfasts

## EGGS AND OMELETTES

Includes one choice: (hashbrowns & toast) or (pancakes) or (fruit cup) or (multi-grain bagel) or (muffin).

**Two Eggs Any Style** 8.39

### Bacon & Eggs

Three strips of bacon and two eggs any style. 10.39

### Cornmeal Pork Back & Eggs

Two slices of cornmeal pork back and two eggs any style. 10.39

### Ham & Eggs

One slice of ham and two eggs any style. 10.39

### Sausage & Eggs

Three breakfast sausages and two eggs any style. 10.39

**Cheddar Omelette** with 3 eggs. 12.89

**ADD** any of these meat items to the omelette for 1.49 each

Bacon, pork back, ham or sausage.

**ADD** any of these items for .59 each

Peppers, green onions, white onions, tomato, broccoli, carrots or mushrooms.

Extra cheese in your omelette. 1.79

### Omelette Benedict

Bacon and Monterey Jack cheese combined with three eggs and topped with Hollandaise sauce. 14.69

### The Rocky Mountain Omelette

Four eggs with bacon, ham, green pepper, mushrooms, green onion and cheddar cheese. 16.79

### Ground Beef Dinner & Eggs

Well done ground beef 10 oz., topped with fried onions and bacon and two eggs any style. 16.79

### Steak & Eggs

A sirloin steak with two eggs any style. **6 oz.** 18.79

## BREAKFAST FAVORITES

### Cornmeal Sandwich

Pork back coated in cornmeal with lettuce, tomato, cheddar cheese and a touch of dijon mustard on a kaiser bun. 6.79

### Continental Breakfast

Fresh fruit cup with choice of a (muffin) or (toast) or (bagel) plus coffee, tea or hot chocolate. 8.99

### Dash-a-way

One egg with ham or bacon or cornmeal pork back or sausage between a toasted English muffin or bagel. 6.79

With cheese. 7.89

### Western Skillet

Hashbrowns, two eggs scrambled with; diced tomatoes, mushrooms, onions, green peppers, (bacon) or (ham) or (sausage) or (corned beef) and topped with cheddar cheese. With a biscuit or toast. 13.89  
May substitute Hollandaise for cheese.

### \*Veggie Skillet

Hashbrowns, two eggs scrambled with green peppers, diced tomatoes, mushrooms, onions and cheddar cheese. With biscuit or toast. 11.79

### Glenn's Breakfast

Multi-grain bagel with cream cheese, two poached eggs and a side of blueberries. 9.39

### \*Yogurt & Berries

Vanilla yogurt, granola and fresh berries. 6.79

### Bagel Benedict

A bagel topped with two eggs, (ham), (bacon) or (sausage) and Hollandaise sauce with hashbrowns or pancakes. 13.79

### Salmon Benedict

Alaskan Salmon and two eggs on a grilled english muffin topped with hollandaise sauce plus hashbrowns or pancakes. 17.79

### Eggs Benedict

Two eggs on a grilled English muffin with (ham) or (bacon) or (sausage) topped with Hollandaise sauce plus hashbrowns or pancakes. 12.79

### Texas Grill

Bacon, OR ham, OR sausage, two eggs, shredded hashbrowns with onions, turkey gravy and a biscuit. 11.79

### \*Gourmet Porridge

Oat bran, wheat bran, and flax seed - topped with slivered almonds and dried cranberries.  
7 oz. 4.79 10 oz. 6.79

### \*Hot Oatmeal

7 oz. 3.79 10 oz. 5.79

## PANCAKES, FRENCH TOAST, AND CREPES

### Blueberry Bang Flapjack

Made with blueberry bang rooibos tea in the batter, with sautéed mushrooms, ham and monteray jack cheese inside. 10.39

### Stuffed French Toast

Thick, white, home-style baked bread, stuffed with cream cheese and mixed berries. Grilled to a golden brown. 11.79

\* **Vegetarian Friendly**

### Fruity Crepes

Two thin crepes with strawberries, or blueberries. Finished with whipped topping and powdered sugar 10.39

### Buttermilk Pancakes

Four pancakes with syrup and butter. 9.79

### Original French Toast

Three slices. 9.79

**ADD** any of these items for 1.69 each

Apple, blueberries, strawberries, bananas, peaches or

**ADD** one bacon, one sausage or one egg for 1.49 each.

## BROILED BURGERS

Served on a kaiser bun or whole wheat bun with lettuce, onion, tomato, a pickle and your choice of potato. Mayo and relish upon request. Substitute stuffed baked potato for 3.25 extra.

### Glenn's Burger

One beef patty. 11.39

### Cheddar Burger

One beef patty topped with cheddar cheese. 12.89

### Bacon Burger

One beef patty topped with two strips of bacon. 12.79

### Mushroom Burger

One beef patty topped with mushrooms. 12.79

### Bella Burger

One beef patty topped with Monterey Jack cheese, sautéed red & green peppers and fresh mushrooms. 13.79

### Overload Burger

This hefty load transports two patties covered with mushrooms, bacon, and cheddar cheese. 16.79

### Chicken Burger

Grilled chicken breast. (unbreaded) 13.79

### Chicken Cordon Bleu Burger

Chicken breast topped with ham and Monterey Jack cheese. 16.79

### \*Money's Meatless Garden Burger

One patty made from brown rice, mushrooms, onions, rolled oats, mozzarella, dry curd, cottage cheese, cheddar cheese, egg (white), bulgur wheat, natural seasonings and spices. 12.79

### Buffalo Burger (gluten free)

6 oz. Buffalo burger patty. Locally produced product. 14.89

### Alaskan Salmon Burger

Grilled wild salmon fillet. 16.79

### Mexican Burger

One beef patty with spicy sauce, spicy cheese and onion tanglers. 13.79



## SANDWICHES

Choice of Potato includes ONE of the following: Fries, Sweet Potato Fries, Mashed Potatoes topped with gravy, Fruit Cup, Rice, Salad, Onion Rings, Cup of Soup, Cottage Cheese OR Perogies (with bacon & onion). Substitute stuffed baked potato instead of mashed or fries for 3.25 extra.

### \*Garden Vegetable Sandwich

Cream cheese, lettuce, tomato, cucumber, red and green peppers, sliced carrots topped with cheddar cheese, on your choice of bread. 10.39

### Grilled Cheese

8.39 With ham, bacon or beef. 11.79

### Clubhouse Sandwich

Toasted three-decker with turkey, bacon, tomato, lettuce and cheese. 14.79

### Reuben Sandwich

Hot corned beef topped with sauerkraut and melted Monterey Jack cheese on grilled rye bread. Regular or hot mustard on the side. 14.79

### Corned Beef on Rye

Thinly sliced corned beef served with regular or hot mustard. 13.79

### Turkey Salad Sandwich

Delicious chunks of turkey, celery mixed with mayo. 10.79

### \* Vegetarian Friendly

### Cornmeal Sandwich

Pork back coated in cornmeal with lettuce, tomato, cheddar cheese and a touch of dijon on a kaiser bun. 9.29

### Monte Cristo

Layers of turkey, ham, and Monterey Jack cheese, egg dipped and grilled. 14.89

### Blueberry Hill Monte

Topped with blueberries and cream cheese. Smother your regular Monte Cristo making this dish something to sing about. 15.89

### Hot Sandwich

With your choice of beef, turkey, or two patties on thick white topped with gravy and includes vegetables. 14.89

### Fried Egg Sandwich

Made with two eggs. 9.39 Cheddar extra. 1.79

### Toasted Denver

Tomatoes, green onions, ham and eggs. 9.39

### Beef Dip

Thinly sliced beef on a sub bun with au jus for dipping. 13.89

### Philly Melt (chicken or beef)

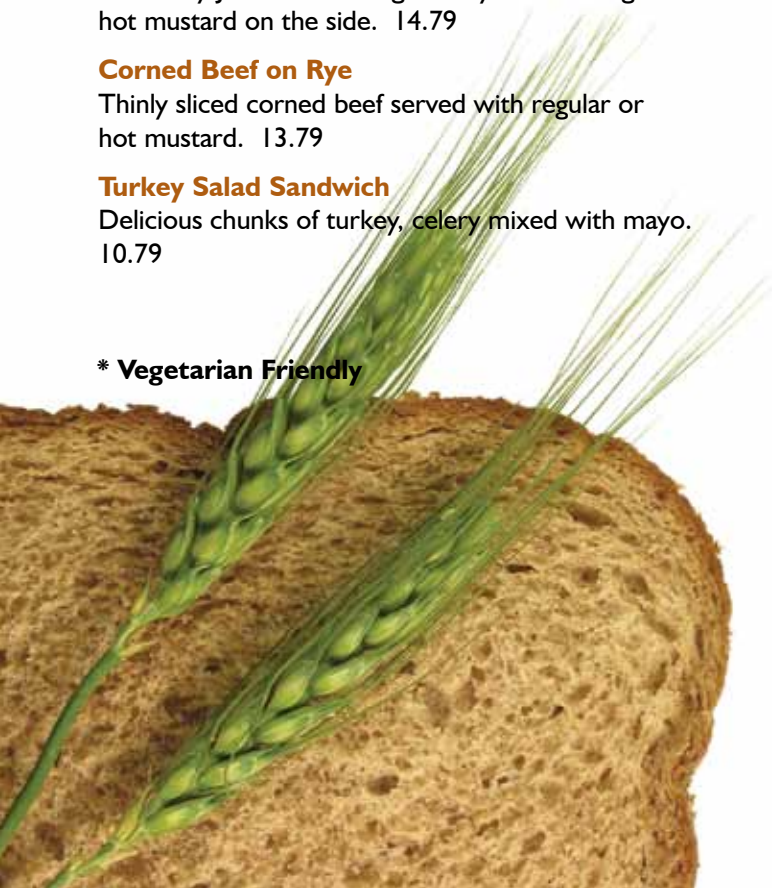
Sautéed beef or chicken, onions and peppers with Monterey Jack cheese on a sub bun with au jus. 14.89

### B.L.T.

Crisp bacon, fresh ripe tomato and lettuce. 10.79

**Cold Beef, Turkey or Ham & Lettuce Sandwich**  
10.79

Bread Choices: White, Whole Wheat, Texas White, Texas Brown, Rye, 12 Grain or Spinach Wrap (where applicable).



# Light and Easy

## CAESAR SALADS

All served with garlic toast or fresh baked multi-grain bun.

\***Caesar Salad** 11.79

\***Side Caesar** 8.79

**Warm Chicken Caesar Salad** 15.79

**Thai Chicken Caesar Salad**

Topped with grilled chicken smothered in a spicy Thai sauce. 15.79

**Cajun Chicken Caesar Salad**

Topped with chicken, sprinkled with Cajun spice. 15.79

**Salmon Caesar Salad**

With premium filet of Coastal Salmon. 16.79

## SALADS PLATES

Salad Plates served with garlic toast or fresh baked multi-grain bun.

\***Glenn's Salad**

Spring mix lettuce with lots of fresh vegetables & choice of dressing all topped with slivered almonds. 10.39

**Chef's Salad**

Julienne turkey, ham, assorted cheeses heaped on top of a fresh salad and topped off with a boiled egg. 16.95  
Half Order 14.69

**Warm Chicken Salad Almondine**

Julienne strips of B.B.Q. chicken with almonds on a bed of spring mix lettuce and covered in creamy Italian dressing. 15.79

**Taco Salad**

Spring mix salad, diced tomato, breaded chicken or spicy ground beef, corn chips, and cheddar cheese in a tortilla shell served with Parmesan cheese toast or multi-grain bun. 15.79

**Dieter's Plate**

Grilled Chicken Breast with a large variety of fresh fruit, cottage cheese, slivered almonds and a Multi-grain bun or banana bread. 15.79

## SIDE SALADS

\***Garden Fresh Tossed Salad** 5.79

\***Garden Vegetable Sandwich**

Cream cheese, lettuce, tomato, cucumber, red and green peppers, sliced carrots topped with cheddar cheese, on your choice of bread. 7.79

\***Sunburst Salad**

A variety of fresh in season fruits with cottage cheese or ice cream. 14.79

\***Small Fresh in Season Fruit Cup**

With Key Lime dip 5.79

## STIRFRYS

All stirfrys are topped with a variety of vegetables, (Broccoli, carrots, bean sprouts, mushrooms, red and green peppers, onions, Bok Choy, celery) and served with garlic toast or multi-grain bun.

**Pineapple Chicken Stirfry**

Topped with Sweet & Sour sauce, pineapple pieces and chicken, served on a bed of rice. 17.79

**Teriyaki Chicken Stirfry**

Topped with sliced chicken, Teriyaki sauce and served on a bed of rice. 17.79

**Chicken Fettuccine Stirfry**

A variety of vegetables, sliced chicken and alfredo sauce. 17.79

\***Vegetarian Stirfry**

Topped with Teriyaki sauce and served on a bed of rice. 16.79

**Thai Chicken Stirfry**

Sliced chicken, tangy Thai sauce on fettuccine noodles. 17.79

**Beef Stirfry**

Topped with strips of sirloin steak, Teriyaki sauce and served on a bed of rice. 17.79

**Add soup or salad for 4.79**

## SOUPS

**Soup of the Day**

With multi-grain bun. 5.79

**Cup of Soup** 4.79

**Soup & Caesar or Tossed Salad**

Your choice of dressing and multi-grain bun or garlic toast. 13.79

\* **Vegetarian Friendly**

## PASTAS



### Baked Spaghetti

Cheese and meat sauce. 14.79  
Half Order. 11.79

### Fettuccine Alfredo

Fettuccine noodles topped with an Alfredo cream sauce (Romano and Parmesan), diced tomatoes and green onions. 16.79  
Half order. 12.79

### Lasagna

Specially made with cheese and meat sauce in our kitchen. 16.79  
Half Order 12.79

## SNACKS & NIBBLERS

### Chicken or Spicy Ground Beef Quesadilla

Chicken or spicy ground beef, cheddar, Monterey Jack cheese, peppers, onions grilled between a hot flour tortilla with a salad. 16.79

### \*Cheese Quesadilla

Cheddar, Monterey Jack cheese, peppers, onions grilled between a hot flour tortilla with a salad. 13.79

### Nachos

Cheddar Cheese, diced tomatoes, onion, and jalapenos with sour cream and salsa on the side. 13.79

Extra Cheese 4.79

Extra Sour Cream .79

Extra Salsa 1.29

Spicy Ground Beef 2.79

### Perogies

Eight perogies with onions, bacon, and sour cream on the side. 9.79

Half Order 6.79

### Poutine

Fries topped with turkey gravy and Monterey Jack cheese. 8.79

Half Order 6.79

### \*Cheese Toast Basket

Choice of Cheddar, Monterey Jack cheese or Parmesan cheese. Three slices 5.79

One Slice 2.79

### Crunchy Chicken Tenders

Served with French fries and your choice of one dipping sauce (sweet & sour, B.B.Q., honey mustard or plum). 9.79 Gravy extra. 1.39

French Fries 5.79 Gravy 1.39

\*Sweet Potato Fries 5.79

\*Crispy Onion Rings 6.79



## SIDE ORDERS

Toast & Jam 3.79

Grade "A" Egg 3.29

Bagel 3.79

Cream Cheese 1.79

Biscuit 3.79

Sauce Portion .99

Western Ham 5.79

Hollandaise Sauce 2.39

\* Vegetarian Friendly

Side Hashbrowns (grilled mash, shredded or fried cubed) 3.79

Bacon (4) 5.79

Cornmeal Pork Back 5.79

Sausages (4) 5.79

Salsa Portion 1.29

Mashed Potatoes & Gravy 3.79

Stuffed Potato 5.79

Cottage Cheese 3.79

## MEAL FAVORITES

All Meal Favorites are served with a garlic toast OR a freshly baked dinner roll.

### Cajun Chicken

A breast of chicken seasoned with Cajun spices, covered in melted Monterey Jack cheese and diced green onion. Served with vegetables and choice of potato. 18.79

### Honey Garlic Chicken

A breast of chicken covered in a honey garlic sauce, topped with fruit salsa and served with vegetables and choice of potato. 18.79

### Chicken Hunter Style

With bacon, mushrooms, onions and gravy. Served with vegetables and choice of potato. 18.79

### Country Fried Chicken

Double dipped with a crunchy corn tortilla crust in a pool of hickory smoked gravy and served with vegetables and choice of potato. 18.79

### Breaded Liver

Breaded beef liver topped with bacon, onion, beef gravy and served with vegetables and choice of potato. 16.79

### Breaded Veal Cutlet

Breaded veal topped with gravy and served with vegetables and choice of potato. 21.79

### Veal Hunter Style

Breaded veal topped with bacon, mushrooms, onion, gravy and served with vegetables and choice of potato. 22.79



### Ground Beef Dinner 10 oz.

Well done beef topped with bacon, onion, gravy and served with vegetables and choice of potato. 17.79

### Top Sirloin Steak

Broiled to your liking and served with vegetables and choice of potato. 6 oz. 18.79

### Breaded Pork Cutlet

Grilled to perfection with apple sauce, rich gravy, vegetables and choice of potato. 17.79

### Maple Glazed Salmon

Poached or broiled premium filet of coastal Salmon finished with maple glaze and fruit salsa with vegetables and choice of potato. 19.79

### Old Fashioned Deep Fried Fish

A hearty portion of white Alaskan filet, hand dipped and fried golden brown with vegetables and choice of potato. 16.79  
Half order. (1 pc.) 13.79



## DESSERTS

### Giant Cinnamon Bun

Made in our own Kitchen. 6.79

### Afternoon Tea

With three special dainties.  
Ask your server for details.  
Per person 7.39

### Cheesecake

Ask your server for specials. 5.79  
Strawberry or blueberry with whipped topping.

### Various Fruit Pies

Ask your server for available variety. 5.79

### Muffin

A variety available. 3.29

**Flapper Pie, Pumpkin Pie,  
Lemon Meringue, Deep Dish Apple Crisp**  
5.79

**A La Mode** 1.89

**Ice Cream** 3.79

**Fresh Fruit Cup** 5.79

### Sundaes

Strawberry or Chocolate. 5.79

**Brownie Sundae** 5.79

**Dessert of the day** 2.79



## SENIORS MENU

For our lively crowd 60 years old and over with smaller appetites.

### \*Meatless Breakfast

One pancake, one egg, one fruit cup and (1 slice of toast, bagel or muffin). 8.39

### Seniors' Breakfast Special

One egg, one bacon, one sausage and one choice of a (bagel), (muffin) or (two pancakes) or (one slice of toast with hashbrowns). 8.39

### Seniors' Buttermilk Pancakes

Two pancakes served with syrup and butter. 4.79

### Seniors' Strawberry, Blueberry, Apple, or Banana Pancakes

Two pancakes topped with choice of fruit and whip cream. 5.79

### Seniors' Cheddar Omelette

With one choice of (two pancakes) or (fruit cup) or (hashbrowns and one slice of toast) or (muffin). 10.39

### Seniors' Ham & Cheddar Omelette

With one choice of (two pancakes) or (fruit cup) or (hashbrowns and one slice of toast) or (muffin). 11.79

### Seniors' Pork Cutlet

A breaded pork cutlet topped with gravy and served with apple sauce, choice of potato, vegetable, and garlic toast or a bun. 12.79

### Seniors' Burger

One beef patty, lettuce, pickle, tomato and onion, with choice of potato. 10.39

Substitute stuffed baked potato 3.25 extra

### Seniors' Chef's Salad

Julienne turkey, ham, assorted cheeses and a boiled egg heaped on top of salad, with garlic toast or a bun. 14.69

### Seniors' Honey Garlic Chicken

Chicken with honey garlic sauce, choice of potato, vegetables and garlic toast or a bun. 14.39

### Seniors' Liver and Onions

Breaded and topped with bacon, fried onion, gravy and served with vegetables, choice of potato and garlic toast or a multi-grain bun. 11.79

### Seniors' Old Fashioned Deep Fried Fish

One piece of fish with choice of potato, vegetables and garlic toast or a bun. 12.79

### Seniors' Veal Cutlet

Breaded, topped with gravy and served with vegetables, choice of potato and garlic toast or a bun. 15.79



## BEVERAGES

### Fountain Pop

Pepsi, Diet Pepsi, Root Beer, 7-up, Ginger Ale 3.59 (Free pop refills with meals)  
Kids Pop 1.79 (no refills)

### Juice

Orange, apple or cranberry.  
8 oz. Small 2.95 12 oz. Large 3.95  
Orange Juice – 1 liter carafe 7.95

### Tomato Juice

10 oz. 3.25

### Iced Tea or Lemonade

One free refill of Iced Tea with meals. 3.95

### Bottled Water 1.79

### 2% Milk & Chocolate Milk

8 oz. Small 2.95 12 oz. Large 3.95

### Coffee or Decaf

Fresh ground and brewed.

### Hot Chocolate 3.29

### Tea's from around the world at Glenn's

Over 200 varieties of Tea and new ones every week!

Check out our Tea menu.

Fresh steeped Tea elegantly served at your table in a Henley Tea pot, with a Tea cup and Tea cookie. 3.95 per person

All our Teas and Henley Tea Pots are sold to take home.

### French Vanilla Chai Tea Mocha 3.95

### French Vanilla Hot Chocolate 3.29

### Red Rose Tea 2.99

### Tea Cookie .29



\* Vegetarian Friendly



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# The Newest Tea Selections from Glenn's...



A wildy exotic strawberry and lemon character. A pinch of sugar boosts the flavor profile. Makes terrific herbal tea – hot or iced!

Ingredients: Dried apple, Hibiscus petals, Rosehip pieces, Sweet orange peel, Calendula petals, Natural flavors



Bold, bright with delightful apricot notes. A dash of sugar encourages its tart character. Wonderfully refreshing - hot or cold.

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Calendula petals, Natural flavors



Exquisite and exotic with notes of light cocoa, vanilla and pomegranate. Inspired by tropical rainforests.

Origin: China  
Region: Fujian Province  
Grade: Pai Mu Tan  
Ingredients: Luxury white tea, Rosehip, Hibiscus, Petals of rose, Safflower, Osmanthus, Cornflower, Calendula, Natural flavors



Very, very nice. Superb synergy of jasmine, green tea and luscious lichee fruit. Sweet fruity finish.

Origin: China  
Region: Hunan Province  
Grade: Sencha  
Ingredients: Premium sencha green tea, Jasmine blossoms, Natural flavors



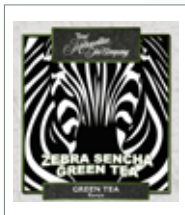
Ooh-la-la flavor notes from the 'creme de la vanille' blended with flavory Ceylons, pungent Assams and malty Kenyas.

Origin: Sri Lanka, India, Kenya  
Region: Dimbula, Assam, Kiambu  
Grade: Flowery Pekoe



Refreshing and delightful. The spring tea has a hint of sweetness followed with a mild astringent finish. An excellent example of an early April tea.

Origin: China  
Region: Hunan Province  
Grade: Mao Feng Green  
Ingredients: Premium green tea



Innovative cup from Kenya. Light Japanese green tea notes with floral accents and an exceptionally smooth finish. Rare leaf from the Tuscany of Tea.

Origin: Kenya  
Region: Nandi  
Grade: Sencha  
Ingredients: Luxury green tea



A pleasant blend of tart lemon with the sweetness of green tea. Makes excellent iced tea.

Origin: Sri Lanka  
Region: Uva - Wellimada  
Grade: Pekoe Gunpowder

## Did you know

Loose tea leaves are dried. When they are added to boiling water they rehydrate and swell, or unfurl. When this happens the surface area that is exposed to the water increases, adding to the amount of flavor that can be extracted from the tea leaves.

## Health Tips

In fact, knowledge and use of tea as a health tonic for various ailments dates back thousands of years to when the brew was first discovered in China.



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# The Newest Tea Selections from Glenn's...

## Did you know

Loose tea is made of whole leaves, whereas teabags usually contain tea powder. The tea flavor comes from essential oils that don't evaporate as quickly from whole leaves as they do from ground tea leaves.

## Health Tips

Today, health research on tea reveals therapeutic properties for almost every type of health condition from arthritis, heart disease, cancer and liver disease to asthma, tooth decay, stress and weight control.



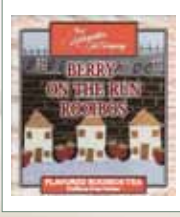
The flavory character of new season Florida oranges and fresh cinnamon is well captured in this tea. A truly tasty combination.

Origin: Sri Lanka (Ceylon)  
Region: Dimbula, Uva, Nuwara Eliya  
Grade: Orange Pekoe



Hand plucked wild tea from a UNESCO worlds heritage site. Raw flavor notes belie a classic toasty oolong. Great finish.

Origin: China  
Region: Fujian Province  
Grade: Special Oolong Leaf  
Organic Ingredients: Luxury oolong tea  
Organic Credentials: USDA NOP  
Certificate #: 150-2008



Bounding berry notes on a mission – keep your taste buds two steps ahead of the jailer man!

Origin: South Africa - Cedarberg  
Grade: Choice Grade #1  
Ingredients: Luxury rooibos tea, Blackberry leaves, Rosehip chips, Natural dried currants + raspberry, Natural flavors



Tart natural lemon smoothes baky rooibos notes with a tongue tickling ginger finish – a superb combination.

Origin: South Africa - Cedarberg  
Grade: Choice Grade #1  
Ingredients: Luxury rooibos tea, Natural dried pineapple + ginger + lime, Lime leaves, Lemongrass, Calendula + sunflower petals, Natural flavors



Freshly baked muffins packed with berries on the nose. Expansive character and nutty finish in the cup. Smells like breakfast!

Origin: South Africa - Cedarberg  
Grade: Choice Grade #1  
Ingredients: Luxury rooibos tea, Natural dried red currants + bilberries + cranberries + blackberries, Natural flavors



Surprising body for a green tea! Enjoy the captivating taste and the intriguing hint of oakiness.

Origin: Sri Lanka  
Region: Dimbula  
Grade: Small Gunpowder



Delicious green tea character with depth, body and some pungency. Cup tends bright forest green.

Origin: China  
Region: Jiangxi Province  
Grade: Sencha Fuji - Japan Style  
Certifying Body: Ecocert, France



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